



REYKJAVÍK
INTERNATIONAL GAMES
21. - 31. JANUARY 2016

REYKJAVIK INTERNATIONAL GAMES 2016 – CLASSIC POWERLIFTING – RESULTS

WOMEN

#	Name	Born	Weight	Squat			Benchpress			Deadlift			Total	Wilks
				1	2	3	1	2	3	1	2	3		
	Kimberly Walford	1978 S	69,45	175,0	180,0	187,5	105,0	110,0	110,0	225,0	235,0	235,0	510,0	510,4
	Bonica Lough	1988 S	136,25	247,5	262,5	267,5	135,0	147,5	155,0	207,5	217,5	238,0	632,5	494,4
	Ragnheiður Kr. Sigurðardóttir	1981 S	55,95	105,0	110,0	110,0	65,0	70,0	72,5	135,0	140,0	142,5	325,0	382,4
	Katja Lariola	1982 S	56,15	110,0	115,0	117,5	57,5	62,5	65,0	130,0	137,5	142,5	325,0	381,3
	Birgit Rós Becker	1989 S	71,70	152,5	157,5	157,5	72,5	80,0	80,0	145,0	152,5	157,5	377,5	369,5
	Melisa Heinonen	1995 J	64,95	105,0	112,5	112,5	60,0	65,0	65,0	140,0	147,5	152,5	322,5	338,3
	Hulda B. Waage	1985 S	71,15	125,0	125,0	132,5	65,0	72,5	-	125,0	135,0	145,0	325,0	319,6
	- Tinna Rut Traustadóttir	1987 S	56,55	97,5	100,0	102,5	75,0	75,0	-	135,0	140,0	145,0	-	-
	- Helga Guðmundsdóttir	1974 M1	63,00	117,5	122,5	125,0	92,5	92,5	92,5	145,0	152,5	160,0	-	-

MEN

#	Name	Born	Weight	Squat			Benchpress			Deadlift			Total	Wilks
				1	2	3	1	2	3	1	2	3		
	Stephen Manuel	1988 S	109,10	290,0	300,0	310,0	185,0	192,5	192,5	310,0	317,5	325,0	820,0	483,8

Júlían J. K. Jóhannsson	1993 J	155,90	275,0	300,0	310,0	170,0	175,0	185,0	300,0	337,5	342,5	837,5	460,9
Viktor Samúelsson	1993 J	119,35	265,0	285,0	290,0	190,0	202,5	202,5	270,0	290,0	290,0	765,0	440,3
Timo Hokkanen	1979 S	115,80	227,5	237,5	250,0	227,5	237,5	240,0	227,5	250,0	-	737,5	427,8
Dagfinnur Ari Normann	1993 J	74,80	200,0	205,0	205,0	145,0	150,0	155,0	225,0	235,0	237,5	590,0	421,2
Þorbergur Guðmundsson	1993 J	143,95	247,5	260,0	260,0	135,0	150,0	-	280,0	305,0	310,0	715,0	397,9
Alex Cambray Orrason	1989 S	104,55	210,0	220,0	225,0	155,0	160,0	160,0	250,0	262,5	270,0	637,5	381,5
Jón Einarsson	1986 S	72,20	160,0	170,0	170,0	135,0	145,0	145,0	200,0	210,0	-	515,0	377,1
Jón Sævar Brynjólfsson	1992 S	82,40	175,0	175,0	187,5	125,0	137,5	137,5	210,0	235,0	240,0	535,0	358,7
- Aron Friðrik Georgsson	1989 S	118,05	250,0	270,0	270,0	150,0	150,0	150,0	245,0	255,0	260,0	-	-