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Content.

1. Invitation to the EPF General Assembly 2016
2. Report from the IPF General Assembly
3. The Irish PF.
4. Doping tests at the European Masters
5. Doping test at the European Junior and Sub Juniors
6. Doping test at the European Open
7. Doping test at the European Open Bench Press.
8. Doping test at the WEC
9. Doping test at the Arnold Classic Europe.
10. Suspension of Russian Sub Junior lifter.
11. Doping test at the European Masters Bench Press.
12. New referees.
13. Referees risk suspensions.
14. Russian PF is partly suspended by IPF
15. European lifters 2015.
16. Slovenia PF is new provisional member.
17. Agreement with Special Olympics
18. EPF sponsors
19. Greetings from the President.

1. Invitation to the EPF General Assembly 2016.

The EPF General Assembly will take place in Pilsen in Czech Rep. 10 May 2016.

Proposals and amendments must be received by the Secretary General Ralph Farquharson ralph@europowerlifting.org and President Arnulf Wahlstrom arnulf@europowerlifting.org within 10 March 2016.

Please prepare to confirm your bids for organizing European championships and cups in 2017 and 2018 and send new bids for 2019 to the EPF Championship Secretary Jiri Hofirek epfsecretary@gmail.co and the EPF President within 10 April 2016.

2. Report from the IPF General Assembly 2015.

At the IPF General Assembly in Hamm, delegates from 39 member nations plus 9 EC members took part.

This year, election of new IPF officials took place (every 4th year).

Sigurjon Petursson from Iceland was elected new IPF Vice President replacing *Johnny Graham* from USA. In the Ethics & Disciplinary Committee, *Richard Parker* from Great Britain replaces *Sigurjon Petursson* as committee chair.

Gaston Parage from Luxembourg was re-elected as IPF President.

Robert Wilks from Australia stepped down of personal reasons as Regional President for Oceania PF and IPF EC member and a new IPF EC member from Osciania will be elected at the Osciania GA in December.

Xavier de Puytorac from France was elected new Auditor and *Kalevi Sorsa* from Finland was elected new chair of the Law & Legislation committee.

Hannie Smith from South Africa became new IPF EC member by virtue of being chair for the Technical Committee.

IPF Hall of Fame were awarded to *Alan Ferguson* from South Africa (official), *Ielja Strik* from Netherlands and *Wade Hooper* from USA (both lifters).
Congratulation to all!

From 2016, World Classic Bench Press championships are introduced for Open, Juniors and Sub Juniors.

Minutes from the IPF GA will be published at the IPF web.

3. The Irish PF .

The Irish PF was upon application accepted as provisional EPF and IPF member from May 2015. President is Sean Ryan and Secretary General is Jay Farrant.

The Irish PF was some years ago a member of IPF/EPF but was dissolved. Mr Ryan has formed a new federation and received Government recognition and all "papers" for membership are accepted by EPF and IPF.

At the IPF General Assembly, the Irish PF was granted full membership.

4. Doping tests at the European Masters 14-18 July 2015 in Pilsen.

Last name	First name	Weight-class	Nat.	Remarks
Petroczki	Magdolna	-52 kg MA1	HUN	ER DL
Kuttler	Suanne	-72 kg MA1	GER	random
Zaroviene	Daiva	-57 kg MA2	LTU	WR BP, total
Pall	Peep	-66 kg MA1	EST	1st place
Augus	Rudy	-83 kg MA1	ITA	1st place
Turesson	Patrik	-93 kg MA1	SWE	1st place
Bak	Sune	-105 kg MA1	Den	1st place
Sarik	Tomas	-120 kg MA1	CZE	1st place
Soukal	Jaroslav	120+ kg MA1	CZE	1st place
Telegin	Jonas	-66 kg MA2	SWE	1st place
Ruffault	Michel	-74 kg MA2	FRA	WR DL
Hampel	Rolf	-83 kg MA2	GER	random
Skogly	Tor Egil	-83 kg MA2	SWE	1st place
Hoglander	Lars	-93 kg MA2	SWE	1st place
Hadrysiak	Mariusz	105 kg MA2	POL	WR BP
Jaeger	Michael	120+kg MA2	GER	ER BP, DL

All tests are negative!

5. Doping tests at the European Junior and S. Junior 7-11 April 2015 in Oroshaza, Hungary

Last name	First name	W. class	Nation	Remarks
Valciukas	Egidijus	53 SJ	LIT	
Ducky	Markus	93 SJ	SLO	
jhlykovich	Krystsina	57 SJ	BLR	
Melinkova	Natalia	52 J	RUS	
Llnytska	Mariya	57 J	UKR	
Bruvere	Milda	57 J	LIT	
Engmark	Erle	63 J	NOR	
Ronnqvist	Elina	72 J	SWE	
Arnadottir	Arnildur A.	72 J	ICE	
Hoås	Katrine	84 J	NOR	
Kasperska	Kamila	84 J	POL	
Koteles	Maria	84+ J	HUN	
Eriksson	Alexander	74 J	SWE	
Olak	Harri	74 J	EST	
Lebediev	Aleksandr	83 J	UKR	
Gunhamn	Erik	83 J	SWE	
Kiekstins	Marks	93 J	LAT	
Gonge	Jonathan	105 J	DEN	
Stasiulis	Jokubas	105 J	LIT	
Valach	Robert	120 J	SLO	
Pavlenko	Dmytro	120 J	UKR	
Jaeger	Kevin	120 J	GER	
Malashkin	Vasily	120+ J	RUS	

The doping sample of Vasily Malishkin is positive.

6. Doping tests at the European Open 6-9 May 2015 in Chemnitz, Germany.

Last name	First name	W. class	Nation	Remarks
Salnikova	Natalia	52	RUS	ER
Derevyanko	Anastasiya	52	UKR	ER
Sommer v. Bacchaus	Gunda Fiona	57	GER	ER
Soloviova	Larysa	63	UKR	ER
Gladkikh	Sergey	66	RUS	ER
Sorokin	Alexey	83	RUS	ER
Gaishinetc	Sergei	74	RUS	ER
Turesson	Patrik	83	SWE	ERM
Bilyi	Sergeii	93	UKR	No. 1
Van den Hoek	Pjotr	105	NET	ERM
Semenenko	Dmytro	105	UKR	ER
Bilican	Orhan	120	BEL	ER
Sandvik	Kenneth	+120	FIN	ERM
Jaeger	Kevin	120	GER	Random
Svistunov	Volodymyr	+120	UKR	Random

All tests are negative.

7. Doping tests at the European Open Bench Press Championships in Pilsen 6-8 August 2015.

Last name	First name	Weight-class	Nat.	Rem.
Golubeva	Olga	-52 kg	RUS	ER
Hauksdottir	Fanney	-63 kg	ISL	WRJ
Wienroither	Bianca	-72 kg	AUT	random
Chuprinko	Ivan	-66 kg	UKR	WR
Miller	Daniel	-74 kg	POL	ER
Tebekov	Eduard	-93 kg	RUS	ER
Jaeger	Kevin	-120 kg	GER	WRJ
Sandvik	Kenneth	+120 kg	FIN	WRM1

All tests are negative.

8. Doping test at the Western European Championships 11-13 September 2015 in La Manga.

Last name	First name	Weight-class	Nat.	Rem.
Barbieri	Valentina	-84 kg	ITA	Rand.
Viiperi	Matias	-75 kg	FIN	Rand.
Bilican	Orhan	-120 kg	BEL	WR/ER

All tests are negative.

9. Doping test at the Arnold Classic Europe in Madrid 26 September 2015 in Madrid.

Last name	First name	Weight-class	Nat..	Rem
Walford	Kimberly	72	USA	WR
Burykina	Aliaksandra	63	BLR	WR

Both tests are negative!

10. Suspension of Russian Sub Junior lifter.

The IPF Doping Hearing Panel has issued a 4 years suspension of the Russian lifter **Vasiliy Malashkin**. He tested positive from using Stanozolol (which is an anabolic steroid substance) at the European Sub Junior and Junior championships 2015 in Hungary.

11. Doping tests at the European Masters Bench Press Championships in Tallinn 15-17 October 2015.

Last name	First name	Weight-class	Nat.	Remarks
Sandvik	Marcela	-52 kg WMA1	FIN	ER MA1
Pinguet	Cyril	-83 kg MMA1	FRA	1st place
Nocek	Grzegorz	-93 kg MMA1	POL	random
Ghazal	Khaled	-105 kg MMA1	CZE	1st place
Myller	Jarno	-120 kg MMA1	FIN	1st place
Lehto	Ove	120+ kg MMA1	FIN	1st place
Saunamaki	Jukka	-83 kg MMA2	SWE	1st place
Farstad	Svein Olav	-93 kg MMA2	NOR	1st place
Hadrysiak	Mariusz	-105 kg MMA2	POL	ER MA2
Christensen	John	120 kg+ MMA2	DEN	ER MA2

All tests are negative.

12. New referees.

At the European Open in Chemnitz 5-8 May, the following referees passed their examination:
Cat 2: Kailey NED, Giles GBR, Mull and Kondraschew GER.

During the European Masters in Pilsen 14-18 July, following referees passed the examination:
Cat 1: Ivan Vesely, CZE and Desmond Scott, GBR.
Cat 2: Jean-Michel Gronet, FRA.

Congratulation to all and thanks to Myriam Busselot for supervising the referee examinations!

13. Referees risk suspensions.

At the EPF General Assembly in May a new rule was adopted in the Constitution 13.10.1. The rule states: "Any lifter or referee properly entered for a competition that without acceptable reasons does not attend, may be subject to suspension up to 6 months for the first offence and up to 12 months for second offence and a maximum fine of 250 Euro."

This means that any referee nominated for a championship and not withdrawn 14 days prior to the championship or does not show up at his/her allocated duties, risk this punishment.

Also referees being at the championship but do not show up in time for weighing in and refereeing will also risk this punishment.

If a referee is suspended according to 13.10.1, it is from taking part in European championships only.

14. Russian PF is partly suspended by IPF.

4 lifters from the Russian PF have tested positive during the last 12 months. According to the IPF Anti-doping Rules, this qualify for suspension.

The IPF EC has decided to make a partly suspension of the amount of lifters the Russian PF is allowed to send at World and European championships.

The 4 suspended lifters were in the category Open, Junior and Sub Junior Men.

In each of these categories, the Russian PF is allowed to send only two lifters to World and European championships in 2016.

In addition, 2017 is a probation year meaning that if the Russian PF again have one or more positive lifter, the partly suspension is prolonged one year.

15. European lifters 2015

The election of *European powerlifters of the year* is based on highest Wilks score at both the European and World championships. The lifters must have taken part in both and highest score in total counts. Following lifters are elected:

Larysa Soloviova UKR (equipped)

Bilyi Sergii UKR (equipped)

Magdolna Petroczki HUN (classic)

Ivalo Hristov BUL (classic)

Congratulation!

16. Slovenia PF is new provisional member.

IPF has accepted Slovenia PF as provisional member. This means that they are provisional member of EPF as well until the EPF GA in May.

Slovenia PF is a new established federation with 29 members. The contact person is Urban Mur info@powerlifting.si.

17. Agreement with Special Olympics (SOI) Europe/Eurasia.

An agreement between EPF and SOI Europe/Eurasia has been signed to have cooperation between the two federations. The contract was signed by the EPF GS Ralph Farquharson and the President of SOI Mary Davis in October.

SOI is offered to send coaches to the Coach seminars in La Manga and IPF referees will educate at SOI competitions.

At the European Juniors in Spain 2016, SOI Europe/Eurasia will take part with a small group of lifters for demonstration.

EPF national member federations urge to support SOI lifters at national level as well.

18. EPF sponsors.

During 2015, EPF has signed sponsor contracts with the following companies:

Eleiko from Sweden, ER Equipment from Denmark, SBD from Great Britain, Titex from USA, Leoko from Finland and La Manga Club from Spain.

All sponsors contribute to the economy and development of European powerlifting and the sponsorships are highly appreciated.

19. Greetings from the President.



Next year the European Bench Press championship will be for both Open and Junior category. The championship will take place at Iceland.

The last Europeans organized by Iceland was back in 1990, so I am very pleased to see that they again is able to take on a large championship. The Icelandic PF was re-established few years ago and they have now a good organized federation with great support by their Government as well as the National Anti-doping Organization.

2015 is the first year EPF have high quality streaming from 2 major championships. This is what the EC promised at the GA 2014 and to partly pay for this, the participation fee was slightly increased.

Hiring professional people to conduct the streaming cost money and EPF has paid about 40.000 Euro for the 2 streamings all together.

The Viva TV (streaming company) has in all respect been a professional partner and they are constantly open

for improvements of the quality.

The 2 streamings we had in 2015 from the Open and the Juniors were both of excellent quality and next year some improvements with play back etc. is planned.

Viva TV also provide a summary of the highlights from the championship ready for any TV company to send directly without any rework.

Eric Rupp from Germany is the key person attending the championships to arrange for all technical details regarding the taping as well as the commentator service and the streaming host service.

The challenge for EPF is still to raise money for the streaming production but this is a major goal for the EC in 2016.

Another goal is from 2017 to stream the European Classic Championship as well.

I wish all the members a Merry Christmas and a Happy New Year!

/ text: *Arnulf Wahlström*



Magdolna Petrozki from Hungary. EPF European classic lifter of year 2015. Photo Andras Ronaszeki



Laryssa Soloviova from Ukraine. EPF European equipped lifter of year 2015. Photo Ralph Farquharson



Hristov Ivaylo from Bulgaria. EPF European classic lifter of year 2015. Photo Heinrich Janse van Rensburg



Bilyi Sergii from Ukraine. EPF European equipped lifter of year 2015.. Photo Ralph Farquharson

EPF web: <http://www.europowerlifting.org>

EPF Account:

European Powerlifting Federation
 IBAN no: LU30 0019 2055 5957 1000.
 Swift or Bic code: BCEELULL
 Name of Bank: Banque et Caisse d'Epargne de l'Etat
 Luxembourg.

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-Pro lifters' recommendation-

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